

Lubbock Resource Pocket Pal



LUBBOCK



Food Pantries*, Vouchers*, & Hot Meals*

Despensa de Alimentos*, Vales*, Y Comidas

Booker T. Washington Community Garden* 2109 Cedar Ave.	Community Garden with a FREE Food Pantry Mon/Wed/Fri 11-1p	Hope Community of Shalom* 2005 Ave T Sunday ONLY 5-6p	806-762-0829
Carpenter's Kitchen* 1924 Broadway Soup Kitchen	806-687-6876 Sunday 12pm	Lubbock Dream Center* 1111 30th Street Sat. 8:15-9a	806-793-3336. Photo ID, SSN
Catholic Charities* 102 Ave J	806-765-8475. Mon-Fri 8-5p	Lubbock Impact** 2707 34th Street	806-799-4329 Wed. 5:30-6:30p
East Lubbock Art House* 405 MLK Jr BLVD Suite	Available 24/7 Free pantry items - take as needed	Neighborhood House* 1212 13th Suite 102 Mon. – Fri. 1-3p	806-589-1907 Photo ID, SSN Proof of Residency
First Baptist Church* 2101 Broadway Thurs. 2-4p.	806-747-0281 Photo ID Proof of Residency	Salvation Army** 1614 Ave J Mon.-Fri 9-10:45a, 1-3p.	806-765-9434 Photo ID, SSN, Proof of Residency
Greenlawn Church of Christ* 5701 19th Street. Mon. 1-3pm / Thurs. 9-11am / Sa. 10-12p.	806-795-4466 Photo ID, SSN	South Plains Food Bank* 5605 MLK Mon-Thurs 8:30-5:45pm, Fri. 8:30-11:45 am	806-763-3003 Closed for Lunch 12-12:30p
Heart of Lubbock Community Garden* 2324 21st Street	806-742-2856 Free Community Garden	Susie's* Tues. & Thurs. 1-4p.	806-368-8225 TX ID, SSN Card
Sustainable Food Center https://doubleuptexas.org	Offers WIC Vouchers (FMNP) for use at Farmer's Markets		



Clothing Closets

Armario de Ropa

Broadway Church of Christ 1924 Broadway Tues. 9:30-11:15a	806-763-0464. Appointment ONLY	St Paul's Plains Episcopal 1510 Ave X Tues.-Sat. 10a-1p	806-762-2893 Voucher every quarter
Catholic Charities 102 Ave J Mon.-Fri. 10am-3pm	806-765-8475 Every 6 months	Susie's Closet 1701 Parkway Dr Tues. & Thurs. 1-4p	806-368-8225 Photo ID, SSN
Greenlawn Church of Christ 5701 19th St Mon. 1-3p & Thurs. 9-11a Every 2nd and 4th Sat. 10-12p	806-795-4377 Photo ID, SSN		
Highland Baptist Church 4316 34th St Tues & Wed 1-3p	806-795-6453 Baby/Toddler items Diapers to sz 5		
Hope Community of Shalom 2005 Ave T	806-762-0829		
Lubbock Dream Center 1111 30th St Mon, Tues. & Wed. 10-12p Women/Children Tues. 10-12p Men	806-793-3336 Photo ID, SSN, Birth Certificate for minors		
Lubbock Impact 2707 34th Street Tues. 9:30-11:30a & 5-7p	806-799-4329 Appointment ONLY		



Shelters & Treatment Centers

Albergues Y Centros de Tratamiento

Alcoholic Recovery Center 608 17th St. Male Residential	806-762-5626	Lubbock Lighthouse 1308 Ave Q Outpatient Methadone Clinic	806-744-3419
Aspire Recovery Centers Intensive outpatient treatment center	806-589-5911	Malta Farms 13908 FM 400 Application required	806-928-8738 Transitional housing for men
Family Promise 1319 15th Street	806-744-5035 Non-emergency shelter 18 yrs and	New Legacy Home 3003 Ave J	806-749-7078 Application required
Genie Farley Harriman Center Cochran County women & children	806-657-7124	Open Door 1911 13th Street	806-687-6876 Homeless ONLY
Grace Campus-Tent City 1301 Ave A	806-632-7709 Transitional homeless	Salvation Army 1614 Ave J Emergency Shelter	806-765-9434 Photo ID, SSN
Housing Authority 708 Crickets	806-762-1191	The Lodge Men's sober living home	806-589-5911
Lubbock Faith Center 2809 Clovis Road Male & Female residential	806-762-8086 Attend classes FEE: \$120 covers rent & groups	Women's Protective Services Victims of domestic violence (Women/children)	806-747-6491 Non-Residential services for men
Broadway Church of Christ 1924 Broadway Rm 138	806-763-0464. Celebrate recovery(7pm-8pm Thurs)	Walker House Inpatient Women 1715 26th Street Mon.-Fri.: 8am-11am	806-780-8300 Screening: First 10 people Youth: Wed. 2-4pm
		Oxford House	806-231-2101



Medical & Dental

Medico Y Dental

Arnett Benson 3301 Clovis Rd Medical Mon.-Fri. 8am-5pm 1st and 3rd Saturday a month 8am-5pm	806-763-5557 Dental Mon., Tue., Wed 8am-7pm Thurs, Fri 8am-5pm	Lubbock Lighthouse 1308 Ave Q Outpatient Methadone Clinic	806-744-3419
Broadway Church of Christ 1924 Broadway Prescription refill if it is filled with	806-763-0464 Photo ID Non-narcotic Rx ONLY	Mobile Dental & Medical Appointment Services: Adult	806-765-2611 Children, Seniors
Blue Card 3204 4th Street	806-775-9014	Open Door 1911 13th St	806-687-6876
Catholic Charities 102 Ave J Prescriptions Mon.-Fri. 8am-5pm	806-765-8475 Assistance for: eye exams & glasses for adults	Parkridge Pregnancy Clinic 5203 79th Suite A Free pregnancy test, STD testing, & ultra sound and counseling	806-764-8555 Parkridge.org Mon.-Thurs. 9am-5pm
Comm. Health Center of LBK (CHCL) 1610 5th (Main Center)	806-765-2611 Photo ID, Proof of income	Sick Children's Clinic 1002 Ave A	806-762-1805 Free medical for kids under 16
For Her 2309 Broadway Mon.-Thurs. 8:15am-5pm	806-788-0500 Urine Pregnancy Testing Pregnancy confirmation through limited ultrasound	Star Care In Crisis Call 806-740-1414	Crisis Hotline 1-800-687-7581
Larry Combest Community 416 Frankford Ave & 301 40th Street	806-743-9355 Appointment ONLY Mon.-Fri. 8am-5pm	Veterans Affairs Clinic 3510 4th Street Mon.-Fri. 8am-4:30pm Lubbock VA Clinic	In crisis call 1-800-273-8255
Lubbock Impact 2707 34th St Wed 4p	806-799-4329	City of Lubbock Public Health 806 18th St	806-773-2933 Thurs 8a-5p, Fri 8a-12p Mon-
Health for Friends Clinic 6501 University Ave Suite 504	806-696-6240 Diabetic testing, screenings, and consultations		



Offender & Legal

Ayuda Legal



Rent & Utilities

Alquiler Y Utilidades

Legal Aid on Northwest 1711 Ave J	806-763-4557	Lubbock Dream Center 1111 30th St Mon. & Tues. 1:30-2:30p	806-793-3336 Appointment ONLY
St John's United Methodist Texas Tech Legal Aid 2nd & 4th Tues of the month	806-762-0123	Lubbock County General 916 Main Suite 104 Mon. - Fri. 8am-5pm Closed from 12-1pm	806-775-1605 Photo ID, SSN No deposit of any kind Utilities must be in service!
Texas Department of Criminal Justice 409 50th Street	806-747-8282	Neighborhood House 1212 13th Suite 102 Mon.-Fri. 8am-5pm	806-741-0459 Phone calls on Monday's to schedule for utilities Appointment ONLY
Voice of Hope (Rape crisis)	806-763-3232	Salvation Army 1614 Ave J Call Monday @ 9am	806-765-9434 Utilities ONLY with disconnection
Women's Protective Services Victims of domestic violence	806-747-6491 Can help men with legal and non-residential services	Westminster Presbyterian Church 3308 34th Street Thursday 1:30-3:30pm	806-799-3621 Photo ID, SSN, Proof of Residency Gas bill ONLY
		Love the Hub 10306 Indiana Ave	806-404-4966
		Catholic Charities 102 Ave J	806-765-8475



Education

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Goodwill Industries 1715 28th Street	806-744-8419 Job search Tues-Thurs 9-11a
Literacy of Lubbock	806-775-3636
LISD Special Services	806-219-0000
Lubbock Dream Center 1111 30th St	806-793-3336 GED Prep and Testing
WorkForce Solutions Career 2002 W Loop 289 Suite #117 Mon-Fri: 8am-5pm	806-765-5038
Catholic Charities 102 Ave J Mon.-Fri. 10am-3pm	806-765-8475 Every 6 months
Sustainable Food Center 102 Ave J Mon.-Fri. 10am-3pm	806-337-2256 Locations Vary - Provides FREE 6 week peer facilitated cooking classes.



Transportation

Transporte

City Bus (South Plains Food Bank)	806-763-3003. Must be approved for voucher first
LeFleur Transportation	806-640-8295
Spartan Public Transportation	806-598-6090



Laundry

Lavadero

Westminster Presbyterian 3308 34th Street Mon & Wed 10-3:30p	806-722-7427 Soap Provided Free Playroom for kids \$0.25 per load 2 loads per day	Open Door 1911 13th St	806-687-6876 Unknown if currently providing with this service - call for more info.
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Identification

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Where to get a Free Meal in Lubbock

Breakfast

Salvation Army @ 6am (Monday - Sunday)
Burritos at 14th/Ave T (Saturday)
St. Benadict's @ 8:30am (Sunday)

Lunch

Salvation Army @ 12-12:30 (Monday, Wednesday, Friday)
First UMC Outreach Center @ 12-12:30 (Tuesday, Thursday, Saturday)
Carpenter's Kitchen @ 12 (Sunday)

Dinner

Salvation Army @ 5pm (Monday - Sunday)
St. Benadict's @ 5pm (Monday - Sunday)
Lubbock Impact @ 5:30pm (Wednesday)
Burritos at 14th/Ave T @ 6:30pm (Friday)

LOCATIONS & PHONE NUMBERS

The Salvation Army: 1111 16th St (17th & Ave J) 765-9434 - ID Required

St. Benadict's Chapel: 1308 Broadway (Broadway & Ave L) 771-9152

Carpenter's Kitchen: 1810 Main (Main & Ave S) 763-0464

First UMC Outreach Center: 1520 13th St (13th & Ave O) 763-4607

Fiesta Domingo at HOPE Community of Shalom: 2005 Ave T (20th & Ave T) 762-0829

Lubbock Impact: 2707 34th St (34th & Boston) 799-4320

Carpenter's Church Day Center: 1916 13th St (13th & Ave T) 687-2453

Grace Campus: 13th & Ave A