

Lubbock Resource Pocket Pal



LUBBOCK



Food Pantries*, Vouchers*, & Hot Meals*

Despensa de Alimentos*, Vales*, Y Comidas

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| Booker T. Washington Community Garden* 2109 Cedar Ave. | Community Garden with a FREE Food Pantry Mon/Wed/Fri 11-1p | Hope Community of Shalom* 2005 Ave T Sunday ONLY 5-6p | 806-762-0829 |
| Carpenter's Kitchen* 1924 Broadway Soup Kitchen | 806-687-6876 Sunday 12pm | Lubbock Dream Center* 1111 30th Street Sat. 8:15-9a | 806-793-3336. Photo ID, SSN |
| Catholic Charities* 102 Ave J | 806-765-8475. Mon-Fri 8-5p | Lubbock Impact** 2707 34th Street | 806-799-4329 Wed. 5:30-6:30p |
| East Lubbock Art House* 405 MLK Jr BLVD Suite | Available 24/7 Free pantry items - take as needed | Neighborhood House* 1212 13th Suite 102 Mon. – Fri. 1-3p | 806-589-1907 Photo ID, SSN Proof of Residency |
| First Baptist Church* 2101 Broadway Thurs. 2-4p. | 806-747-0281 Photo ID Proof of Residency | Salvation Army** 1614 Ave J Mon.-Fri 9-10:45a, 1-3p. | 806-765-9434 Photo ID, SSN, Proof of Residency |
| Greenlawn Church of Christ* 5701 19th Street. Mon. 1-3pm / Thurs. 9-11am / Sa. 10-12p. | 806-795-4466 Photo ID, SSN | South Plains Food Bank* 5605 MLK Mon-Thurs 8:30-5:45pm, Fri. 8:30-11:45 am | 806-763-3003 Closed for Lunch 12-12:30p |
| Heart of Lubbock Community Garden* 2324 21st Street | 806-742-2856 Free Community Garden | Susie's* Tues. & Thurs. 1-4p. | 806-368-8225 TX ID, SSN Card |

Double Up Food Bucks Program- At participating local farmers markets: Doubles SNAP benefits (food stamps/EBT) spent on any SNAP eligible items at the farmer's market with Double Up Food Bucks to purchase fresh, locally grown produce! (Limit: \$30/day, per market) At participating grocery stores: Doubles SNAP benefits spent on fresh produce at United Supermarket on Parkway Drive for more fresh fruits and vegetables (up to \$5 per day). - WIC Farmers' Market Nutrition Program/WIC Farmers' Market Voucher Program WIC FMNP vouchers for fresh, locally grown produce distributed once per year, June-October, for current WIC participants to purchase fresh, locally grown produce! (For individuals currently enrolled in WIC, April-Oct. only)



Clothing Closets

Armario de Ropa

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| Broadway Church of Christ 1924 Broadway Tues. 9:30-11:15a | 806-763-0464. Appointment ONLY | St Paul's Plains Episcopal 1510 Ave X Tues.-Sat. 10a-1p | 806-762-2893 Voucher every quarter |
| Catholic Charities 102 Ave J Mon.-Fri. 10am-3pm | 806-765-8475 Every 6 months | Susie's Closet 1701 Parkway Dr Tues. & Thurs. 1-4p | 806-368-8225 Photo ID, SSN |
| Greenlawn Church of Christ 5701 19th St Mon. 1-3p & Thurs.9-11a Every 2nd and 4th Sat. 10-12p | 806-795-4377 Photo ID, SSN | Sparkle 'N Flair Botique & Coffee 2614 130th Street Suite 3 | |
| Highland Baptist Church 4316 34th St Tues & Wed 1-3p | 806-795-6453 Baby/Toddler items Diapers to sz 5 | | |
| Hope Community of Shalom 2005 Ave T | 806-762-0829 | | |
| Lubbock Dream Center 1111 30th St Mon, Tues. & Wed. 10-12p Women/Children Tues. 10-12p Men | 806-793-3336 Photo ID, SSN, Birth Certificate for minors | | |
| Lubbock Impact 2707 34th Street Tues. 9:30-11:30a & 5-7p | 806-799-4329 Appointment ONLY | | |



Shelters & Treatment Centers

Albergues Y Centros de Tratamiento

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| Alcoholic Recovery Center 608 17th St. Male Residential | 806-762-5626 | Lubbock Lighthouse 1308 Ave Q Outpatient Methadone Clinic | 806-744-3419 |
| Aspire Recovery Centers Intensive outpatient treatment center | 806-589-5911 | Malta Farms 13908 FM 400 Application required | 806-928-8738 Transitional housing for men |
| Family Promise 1319 15th Street | 806-744-5035 Non-emergency shelter 18 yrs and | New Legacy Home 3003 Ave J | 806-749-7078 Application required |
| Genie Farley Harriman Center Cochran County women & children | 806-657-7124 | Open Door 1911 13th Street | 806-687-6876 Homeless ONLY |
| Grace Campus-Tent City 1301 Ave A | 806-632-7709 Transitional homeless | Salvation Army 1614 Ave J Emergency Shelter | 806-765-9434 Photo ID, SSN |
| Housing Authority 708 Crickets | 806-762-1191 | The Lodge Men's sober living home | 806-589-5911 |
| Lubbock Faith Center 2809 Clovis Road Male & Female residential | 806-762-8086 Attend classes FEE: \$120 covers rent & groups | Women's Protective Services Victims of domestic violence (Women/children) | 806-747-6491 Non-Residential services for men |
| Broadway Church of Christ 1924 Broadway Rm 138 | 806-763-0464. Celebrate recovery(7pm-8pm Thurs) | Walker House Inpatient Women 1715 26th Street Mon.-Fri.: 8am-11am | 806-780-8300 Screening: First 10 people Youth: Wed. 2-4pm |
| | | Oxford House | 806-231-2101 |



Medical & Dental

Medico Y-Dental

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| Arnett Benson 3301 Clovis Rd Medical Mon.-Fri. 8am-5pm 1st and 3rd Saturday a month 8am-5pm | 806-763-5557 Dental Mon., Tue., Wed 8am-7pm Thurs, Fri 8am-5pm | Lubbock Lighthouse 1308 Ave Q Outpatient Methadone Clinic | 806-744-3419 |
| Broadway Church of Christ 1924 Broadway Prescription refill if it is filled with | 806-763-0464 Photo ID Non-narcotic Rx ONLY | Mobile Dental & Medical Appointment Services: Adult | 806-765-2611 Children, Seniors |
| Blue Card 3204 4th Street | 806-775-9014 | Open Door 1911 13th St | 806-687-6876 |
| Catholic Charities 102 Ave J Prescriptions Mon.-Fri. 8am-5pm | 806-765-8475 Assistance for: eye exams & glasses for adults | Parkridge Pregnancy Clinic 5203 79th Suite A Free pregnancy test, STD testing, & ultra sound and counseling | 806-764-8555 Parkridge.org Mon.-Thurs. 9am-5pm |
| Comm. Health Center of LBK (CHCL) 1610 5th (Main Center) | 806-765-2611 Photo ID, Proof of income | Sick Children's Clinic 1002 Ave A | 806-762-1805 Free medical for kids under 16 |
| For Her 2309 Broadway Mon.-Thurs. 8:15am-5pm | 806-788-0500 Urine Pregnancy Testing Pregnancy confirmation through limited ultrasound | Star Care In Crisis Call 806-740-1414 | Crisis Hotline 1-800-687-7581 |
| Larry Combest Community 416 Frankford Ave & 301 40th Street | 806-743-9355 Appointment ONLY Mon.-Fri. 8am-5pm | Veterans Affairs Clinic 3510 4th Street Mon.-Fri. 8am-4:30pm Lubbock VA Clinic | In crisis call 1-800-273-8255 |
| Lubbock Impact 2707 34th St Wed 4p | 806-799-4329 | City of Lubbock Public Health 806 18th St | 806-773-2933 Thurs 8a-5p, Fri 8a-12p Mon- |
| Health for Friends Clinic 6501 University Ave Suite 504 | 806-696-6240 Diabetic testing, screenings, and consultations | | |



Offender & Legal

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Rent & Utilities

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| Legal Aid on Northwest 1711 Ave J | 806-763-4557 | Lubbock Dream Center 1111 30th St Mon. & Tues. 1:30-2:30p | 806-793-3336 Appointment ONLY |
| St John's United Methodist Texas Tech Legal Aid 2nd & 4th Tues of the month | 806-762-0123 | Lubbock County General 916 Main Suite 104 Mon. - Fri. 8am-5pm Closed from 12-1pm | 806-775-1605 Photo ID, SSN No deposit of any kind Utilities must be in service! |
| Texas Department of Criminal Justice 409 50th Street | 806-747-8282 | Neighborhood House 1212 13th Suite 102 Mon.-Fri. 8am-5pm | 806-741-0459 Phone calls on Monday's to schedule for utilities Appointment ONLY |
| Women's Protective Services Victims of domestic violence | 806-747-6491 Can help men with legal and non-residential services | Salvation Army 1614 Ave J Call Monday @ 9am | 806-765-9434 Utilities ONLY with disconnection |
| | | Westminster Presbyterian Church 3308 34th Street Thursday 1:30-3:30pm | 806-799-3621 Photo ID, SSN, Proof of Residency Gas bill ONLY |
| | | Love the Hub 10306 Indiana Ave | 806-404-4966 |
| | | Catholic Charities 102 Ave J | 806-765-8475 |



Education Educacion



Transportation Transporte

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| Goodwill Industries 1715 28th Street | 806-744-8419 Job search Tues-Thurs 9-11a | City Bus (South Plains Food Bank) | 806-763-3003. Must be approved for voucher first |
| Literacy of Lubbock | 806-775-3636 | LeFleur Transportation | 806-640-8295 |
| LISD Special Services | 806-219-0000 | Spartan Public Transportation | 806-598-6090 |
| Lubbock Dream Center 1111 30th St | 806-793-3336 GED Prep and Testing, TX Real Estate Exams | | |
| WorkForce Solutions Career 2002 W Loop 289 Suite #117 Mon-Fri: 8am-5pm | 806-765-5038 | | |
| Catholic Charities 102 Ave J Mon.-Fri. 10am-3pm | 806-765-8475 Every 6 months | | |
| Sustainable Food Center 102 Ave J Mon.-Fri. 10am-3pm | 806-337-2256 Locations Vary - Provides FREE 6 week peer facilitated cooking classes. | | |



Laundry

Lavadero

Westminster Presbyterian
3308 34th Street
Mon & Wed 10-3:30p

806-722-7427
Soap Provided Free
Playroom for kids
\$0.25 per load 2 loads per day



Identification

Identificacio

Open Door
1911 13th St

806-687-6876
Unknown if currently providing with
this service - call for more info.

Where to get a Free Meal in Lubbock

Breakfast

Salvation Army @ 6am (Monday - Sunday)
Burritos at 14th/Ave T (Saturday)
St. Benadict's @ 8:30am (Sunday)

Lunch

Salvation Army @ 12-12:30 (Monday, Wednesday, Friday)
First UMC Outreach Center @ 12-12:30 (Tuesday, Thursday, Saturday)
Carpenter's Kitchen @ 12 (Sunday)

Dinner

Salvation Army @ 5pm (Monday - Sunday)
St. Benadict's @ 5pm (Monday - Sunday)
Lubbock Impact @ 5:30pm (Wednesday)
Burritos at 14th/Ave T @ 6:30pm (Friday)

LOCATIONS & PHONE NUMBERS

The Salvation Army: 1111 16th St (17th & Ave J) 765-9434 - ID Required

St. Benadict's Chapel: 1308 Broadway (Broadway & Ave L) 771-9152

Carpenter's Kitchen: 1810 Main (Main & Ave S) 763-0464

First UMC Outreach Center: 1520 13th St (13th & Ave O) 763-4607

Fiesta Domingo at HOPE Community of Shalom: 2005 Ave T (20th & Ave T) 762-0829

Lubbock Impact: 2707 34th St (34th & Boston) 799-4320

Carpenter's Church Day Center: 1916 13th St (13th & Ave T) 687-2453

Grace Campus: 13th & Ave A